Bí Cineálta

BE KIND

It's **bullying** if it's:

- On purpose
- Mean and hurtful
- Happening a lot

We know it's hard but if you are being bullied or see someone being bullied you can:

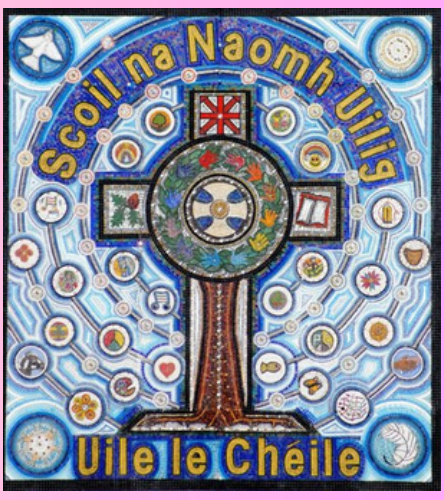
- **Tell** the bully to STOP!
- **Tell** an adult you trust

TOGETHER WE CAN

STOP BULLYING!

Adults will **help** you

You have the right to feel **happy** and **safe** in our school

Be Brave

See it? **Say it.** **Stop it!**